



CERTIFICATE

John Hilmer

born on **27.01.2002** achieved the qualification on **01.08.2026** for the course

**Certified FITNESSCOACH incl. fitness trainer A/B
license and personal trainer license (medical fitness) /
Course duration: 12 months**

Main Topics of the course:

Strength/stretching techniques (with/without equipment), training biology, training plan creation, periodization, muscle function testing (MFP), training theory, sports medicine, diagnostics, diagnosis, pathology, medical training techniques, emergency medicine (first aid techniques), basics of sports nutrition, professional law, insurance, business start-ups, marketing, taxes and much more

Ulrich Pötter (CEO/Direktor)
Geschäftsführer der GmbH

Christina Treu (Lehrgangsleitung)
QM-Beauftragte/Assistenz des CEO



The academies listed below are brands of WellnessInPerfektion WIP GmbH.

WELLNESS
Heimstudium

SPORT & WELLNESS
Akademie Via Vital

WELLNESS
InPerfektion

DEUTSCHE AKADEMIE
für Medical Fitness

DEUTSCHE AKADEMIE
für Massagepraktiken

